

D Major Exercise

The image displays five staves of musical notation for a D Major exercise in 4/4 time. The notation consists of eighth notes and rests, organized into 2-bar sequences. The first staff begins with a treble clef and a 4/4 time signature. The notes in each staff are as follows:
Staff 1: D4, E4, F#4, G4 | A4, B4, C#5, D5
Staff 2: E4, F#4, G4, A4 | B4, C#5, D5, E5
Staff 3: F#4, G4, A4, B4 | C#5, D5, E5, F#5
Staff 4: G4, A4, B4, C#5 | D5, E5, F#5, G5
Staff 5: A4, B4, C#5, D5 | E5, F#5, G5, A5

PLAY THIS EXERCISE WITH A METRONOME SET TO 100, THEN AIM FOR A TEMPO OF 200.

WHEN YOU REACH 200 EMAIL ME FOR THE SAME EXERCISE WRITTEN IN 1/8TH NOTES - QUAVERS

AND AIM FOR 200 AGAIN - FOR JAZZ IMPROVISORS THIS IS THE MOST IMPORTANT FUNDAMENTAL DAILY EXERCISE

- LEARN IT FROM MEMORY AND APPLY SCALE CHORD HARMONY TO EACH 2 BAR SEQUENCE